

MT. ZION NEWS



Mt. Zion United Methodist Church Newsletter

JANUARY 2017

KIDZ CORNER

Happy New Year from the Children & Youth department.

We would like to welcome our new Children & Youth Director Sis. Lydia Royal. Please contact her if you would like to volunteer or help with the youth in any way.

Dance Practice

Sundays after church

Bucket Drum Practice

Tuesdays @ 6:00 PM

Uncommon Touch

8:00AM-8:45AM

Church Service

9:30AM

Family Bible Study/Dinner

Wednesdays @ 6:00PM

"Mt. Zion United Methodist Church will be a vessel of hope for the community..."

- Rev. Michael A. Frazier, Sr.



In This Issue

- Kidz Corner
- Church Women
- Health & Wellness
- Member Spotlight
- Christmas Activities
- Birthday's & Anniversaries
- Announcements

VISION MONTH

United Methodist Women

HAPPY NEW YEAR

Church Women United celebrates Human Rights/ Heritage Day on January 20, 2017.

We take this time to remember that “all human beings are born free and equal in dignity and rights. They are endowed with reason and conscience, and should act towards one another in a spirit of brotherhood.

Everyone is entitled to all the rights and freedoms...without distinction of any kind, such as race, color, sex, language, religion, political or other opinion, national or social origin, property, birth or other status”.

These words should be in the forefront of our minds as we support, work towards, and fight for rights of all humans. This is the same message that Jesus gave while on earth. When he said “Love one another as I have loved you,” he did not mean for us to love just some people, he truly meant for us to love everyone.

Some excerpts taken from Universal Declaration of Human Rights, written by the UN in 1948.

Kathy Rollock, Ecumenical Action Chair, Church Women United
President, Mt. Zion United Methodist Women



Health & Wellness



The Color for the month of January is **TEAL**

According to the American Cancer Society, there are an estimated 12,340 new cases of cervical cancer in America each year. Sadly, approximately 4,000 women die of this silent killer each year. Women of all ages are at risk for cervical cancer once they start being sexually active.

No Symptoms. One of the scariest things about this silent killer of women is just that—it's a serious disease that often presents with no symptoms at all in its early stages. If you're at heightened risk of cervical cancer, it's a good idea to have regular checkups with your doctor and undergo screenings for the preliminary signs of the disease.

As the second most common type of cancer for women worldwide, cervical cancer kills slowly, also making it one of the most treatable and preventable cancers. This is why regular gynecological exams are important and can save your life...

Health and Wellness Chair
Audrey Lyttle

Member Spotlight



The son of our very own Bro. Calvin Royal was given the Key to the City of St. Petersburg on Saturday, December 18th at Mahaffy theater during the production of "The Family Blessing".

He trained at Gibbs H.S./Pinellas Center for the Arts, and has leapt higher and higher every year, moving from prestigious dance academies to the American Ballet Theatre, winning a \$50,000 Annenberg fellowship and getting recognized by *New York Magazine* as one of its annual "Reasons to Love New York."

He is currently in Costa Mesa, California, on tour with American Ballet Theatre's production of *The Nutcracker*.



Christmas Activities

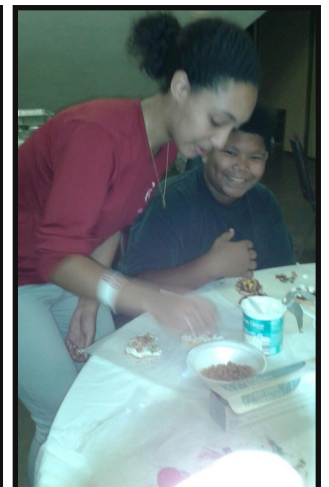
YOUTH CHRISTMAS PROGRAM

On Sunday, December 18, 2016 the youth showed us the true meaning of Christmas with 2 plays, speeches, and songs. They did a fantastic job, thank you to all of the adults that helped with the program and thank you to all of the family, friends, and visitors that came out to support them.



BAKING WITH MS. BETTY

The kids and some adults enjoyed baking with Ms. Betty on Wednesday, December 21, 2016. They enjoyed their time baking, decorating, and eating the cookies.



Christmas Activities Cont.

CHRISTMAS CAROLING

Many gathered on Thursday, December 19, 2016 to sing Christmas carols and enjoy hot chocolate. The songs were enjoyed by those passing by the church parking lot. Thank you to all of those who came out to lend their voice.



Christmas Day Dinner

On Christmas day Mt. Zion held their annual Christmas Day dinner, where we served dinner to those in need. We also gave away many toys, shoes, clothes, blankets, and other needed items.



Birthday's & Anniversaries

Birthdays: Bro. Josh Ford: 1/6; Bro. Anthony L. Middleton: 1/8; Sis. Queen Jackson: 1/13; Sis. Zipporah Frazier; Sis. Cathy Gordon, Bro. Dionte' Moore: 1/17; Sis. Patricia Tiggett: 1/18; Sis. Emya Atkins: 1/20; Sis. Brenda Dixon: 1/21; Bro. Talmadge Rutledge: 1/24; Bro. Spencer Rutledge: 1/25; Sis. Minnie Temple: 1/29

Anniversaries: Bro. & Sis. Henry Lyttle: 1/4; Bro. E. J. Robinson: 1/20

ANNOUNCEMENTS

Weight Loss Challenge - Thursday, January 5th @ 6:30PM

This will be an 8 week challenge. The registration fee is \$5 and we will have 3 winners, 1st, 2nd and 3rd place. See you Thursday!

Bowling for a purpose - Sunday, January 8, 2017 - 4PM - 6PM

Join us at Seminole lanes for fun, fellowship and competition. \$20 to bowl for 2 hours. We will see who the best bowlers are.

Text "mtzevents" to 555888 and you will receive text messages about events.

Mt. Zion UMC - "A Vessel of Hope for the Community"

Contact Us

Give us a call for more information about our service, events and ministries.

Mt. Zion UMC
1625 Union St.
Clearwater, FL 33755

(727) 447-0064

mtzion@tampabay.rr.com

Visit us on the web at
www.mzumc.net

Rev. Michael A. Frazier, Sr.